Nutrition Australia

www.nutritionaustralia.org

Healthy Eating Schools

Nutrition resources for primary schools

Want to make healthy changes in your school but don't know where to start? Nutrition Australia has three resources to help primary schools to become a healthy eating school. These resources can be used independently or as a package and will help you develop/strengthen your school nutrition policy, help you implement healthy fundraising initiatives and provide nutrition information for parents. These resources also compliment the Kids – 'Go for your life' program which your school may already be involved in.

Nutrition Newsletter Inserts – Series II *NEW!!*

This CD provides a six month supply of weekly newsletter inserts, including healthy snack and sandwich ideas, recipes, budgeting tips, pester power and more. Using simple language appropriate for Culturally and Linguistically Diverse backgrounds, this resource is a great long-term investment which can be used year after year.

Healthy School Policy – Action Plan Manual

This manual provides a "step-by-step" approach to developing a healthy school policy based on the Health Promoting Schools framework.

Fundraising Ideas for Healthy Kids

This manual provides advice on how to run healthy and profitable fundraising initiatives. With numerous ideas and flyers from a range of healthy fundraising companies, your school can easily start making changes straight away.

Order before 30 October 2010 and receive 455 health eating stickers FREE

BONUS: 105 **Fun, Food Stickers** - colourful, animated characters representing the five food groups, plus 350 **Healthy Eating School stickers**

A great way to promote healthy eating in the classroom
Offer valid until 30 October 2010

Healthy Eating Schools Pack special offer: $99 **Postage & Handling:** $7.70

School / Organisation: .....

Name (PRINT): ..... **Position:** .....

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Nutrition Australia, Victorian Division, C/- Ross House, 247 Flinders Lane, Melbourne VIC 3000
www.nutritionaustralia.org
Ph: (03) 9650 5165 Fax: (03) 9650 4873 ABN: 29 767 398 718